MiddTelehealth
Support for Students and Employees Who Care about Them 24/7/365
Students have health needs 24/7/365.

MiddTelehealth provides app-based medical and mental healthcare services to students in addition to our brick and mortar Center for Health and Wellness offices for Vermont-based programs. We are planning to add Institute students in Summer 2022.
Service Areas

24/7 on-demand and scheduled medical appointments.

24/7 emotional health support for crises, trouble falling asleep, and everything else in between.

Choose a provider to meet with on a day and time that works for the student's schedule including evenings and weekends.
Service Areas

Unlimited virtual visits with health coaches to talk about food, body image, sleep, stress, and other health skill-building.

No cost psychiatry to jumpstart understanding of a new situation or provide gap coverage between home and Vermont providers.

Live and on-demand classes and workshops

Yoga, stretching, mindfulness, navigating conflict, managing grief, etc.
Important Facts about MiddTelehealth

4-8 minute wait for on-demand services.

Integrated records and referrals back to Middlebury staff.

Available on mobile and desktop at go/MiddTelehealth.
Employees might have worries about students 24/7/365.

MiddTelehealth provides access to phone-based professionals who will work with employees on how to best support our students’ well-being.
MiddTelehealth Access for Employees

WHO?
All employees who work with or interact with students.

WHY?
We know students are coming to you with all kinds of struggles in and out of the classroom, and our employees see students at their best and at their worst.

HOW?
Call 1-833-484-6359 24/7/365 and identify yourself as a Middlebury employee.

1-833-484-6359
Reasons to call MiddTelehealth

- Change in mood or affect
- Decline in performance
- Others have expressed concerns
- Communication has changed or become unpredictable
- You have a feeling that something is wrong

1-833-484-6359
Potential Outcomes after Calling MiddTelehealth

The provider will affirm your experiences, review the situation with you, and give you ideas about next steps.

The provider will make referrals back to campus and/or community resources. If they think urgent or emergent help is needed, they'll talk you through the options.

You will have time to ask questions and make a plan for the future.

1-833-484-6359
This is a resource supplement

Center for Health and Wellness Partners
- Health Services
- Counseling
- Health and Wellness Education
- Sports Medicine

Student Life Deans

Center for Teaching, Learning, and Research
Accessing MiddTelehealth

Email
help@timely.md

Website
go.middlebury.edu/MiddTelehealth

Phone
1-833-484-6359

Feedback
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Thank you for being partners in student well-being.